

Get Fit With Smit, LLC Terms and Conditions

These terms and conditions apply to your purchase of all sessions, challenges and/or consultations.

Terms and Conditions

- These terms and conditions form part of your agreement with Get Fit With Smit LLC.
- Your agreement with us is made up of your completed and signed Coaching membership agreement form, these terms and conditions. These documents together form a legal agreement between us, so please make sure that you read them carefully and understand them. If you have any questions, please ask your coach.

Purchasing Sessions and Bookings

- Session purchases and challenge registration can be done on-line.
- When you purchase your session, you will be contacted within 24 hours of your purchase and we will discuss your personal goals.

Payments

- All payments must be made in full, on-line.
- All payments must be made in full prior to any sessions being undertaken.
- If you purchase sessions online, you should retain a copy of this agreement, the terms and conditions and receipt for any payment of session purchases you make.

Session Cancellations

- If your Coach fails to give you 24 hours' prior notice of any cancellation, you will be entitled to 1 extra hour of Coaching, in addition to the session you missed.
- We require a minimum of 24 hours' prior notice of any cancellation of any Coaching sessions. If you do not provide a minimum of 24 hours' prior notice, you will lose that session and no refund will be made to you.
- Any rearranged canceled sessions will be at a time mutually agreed between you and the Coach

Cancellation of Ongoing Training

- If you have completed 3 full months of direct debit Coaching and you choose to finish your sessions going forward, you must notify your coach and we recommend that you do so in writing by email or letter.
- If you want to cancel or change your direct debit you must tell us about the change before the 15th day of the month.

Lateness

- If your Coach is more than 10 minutes late for your session you will be entitled to a complimentary session, along with any remaining time you still have for that session.
- If you are late for your session, your session will be reduced in accordance with that time. If you are more than 25 minutes late, your Coach may choose to cancel the session and you will lose that session, in which case no refund will be made.

Expiry and Extensions

- All Coaching package purchase options have a 90-day expiry, after which time any unused sessions will be lost and no refund will be made. This is to ensure we deliver all your required sessions to enable you to achieve your goals.
- You may extend Coaching packages between one month and 12 full calendar months for the following reasons only:
 - Pregnancy
 - Serious illness
 - Serious injury
 - Redundancy
- To extend your Coaching packages you must contact your Coach; It is required that you provide proof of pregnancy, serious illness, serious injury or redundancy.
- Any other extensions are entirely at the discretion of the Coach.

Coach

- Your Coach cannot prescribe treatment or diagnose medical conditions. They may at any time ask to consult with your General practitioner should any medical condition arise.

Refunds

- If for any medical reason you are no longer able to complete any Coaching sessions or Fitness Challenges, you will be given a refund on any outstanding

sessions and fitness challenge purchases as long as you provide proof from your general practitioner.

Covid Guidelines

- If you are experiencing any Covid like symptoms please cancel any upcoming training sessions.
- You must be symptom free and provide proof of a negative covid test before returning.
- With the cancellation you will be allowed to resume where you left off.